

## Crisis Support Workplace Training -September 2026

### Phase 1

| Topic  | Details  | Dates/times   | Platform               |
|--|--|---|------------------------|
| <b>Topic 1:</b><br>Foundational knowledge  | The “you” in what we do  | Tuesday 1 <sup>st</sup><br>September 2026<br>1800-2100        | F2F<br>Wollongong area |
| <b>Topic 2:</b> Micro-skills and self-awareness  | Micro-skills<br>Self- awareness<br>Self-care and other practices | Thursday 3 <sup>rd</sup><br>September 2026<br>1800-2100       | Virtual<br>Zoom        |
| <b>Topic 3:</b> Micro-skills and supervision   | Micro-skills<br>Reflective practices                             | Thursday 10 <sup>th</sup><br>September 2026<br>1800-2100      | Virtual<br>Zoom        |
| <b>Topic 4:</b> Practice Framework   | Workshop   | Saturday 12 <sup>th</sup><br>September 2026<br>0900-1600      | F2F<br>Wollongong area |
| <b>Observation shifts</b>  |  | Monday 14 <sup>th</sup> Sept-<br>October 4 <sup>th</sup> 2026 | At site                |
| <b>Topic 5:</b><br>Introduction to Suicide   | Workshop   | Saturday 19 <sup>th</sup><br>September 2026<br>0900-1600      | F2F<br>Wollongong area |
| <b>Topic 6:</b> Suicide Crisis Support   | Suicide<br>Safety<br>Self-care                                   | Tuesday 22 <sup>nd</sup> Sept<br>2026<br>1800-2100            | F2F<br>Wollongong area |
| <b>Topic 7:</b> Safety Issues  | Managing interactions of other safety                            | Thursday 24 <sup>th</sup> Sept<br>2026<br>1800-2100           | Virtual<br>Zoom        |
| <b>Topic 8:</b><br>Understanding differences   | Diversity of Help Seekers<br>Other                               | Tuesday 29 <sup>th</sup><br>September 2026<br>1800-2100       | F2F<br>Wollongong Area |
| <b>Topic 9:</b> Putting it all together.   | Managing interactions  | Thursday 1 <sup>st</sup> October<br>2026<br>1800 -2100        | Virtual<br>Zoom        |
| <b>Topic 10:</b> Practice Clinic Assessments (2hour timeslots)   | Practice and commencement of assessment                          | Wednesday 7th -<br>Thursday 8 <sup>th</sup> October<br>2026   | Virtual-Zoom           |
| <b>INVITATION: with satisfactory completion of CSWT and assessments, students will be invited to commence Phase II/placement</b> |  |   |                        |

## Phase 2- Placement

|  |   |
|--|---|
| <p><b>Placement shifts</b></p> <p>To be completed over a period of 2 months (maximum) from commencement of placement. This typically commences a week-2 weeks from end of assessments.</p> | <p>Student Placement</p> <ul style="list-style-type: none"> <li>• Phone room orientation</li> <li>• 20 hours of assessed shifts</li> <li>• Supervisor report</li> </ul> |
| <p><b>INVITATION: with satisfactory completion of placement and assessments/interview, students will be invited to commence Phase III/Internship</b></p>                                   |   |

## Phase 3- Internship

|   |   |
|---|---|
| <p><b>Weekly</b></p> <p>To be completed over a period of 7-9 months (maximum) from completion of placement.</p>                       | <p>Ongoing Crisis Support Shifts</p> <p>Accreditation activities</p> <ul style="list-style-type: none"> <li>• Minimum logged in hours</li> <li>• individual supervision sessions</li> <li>• group supervision sessions</li> <li>• Professional development training</li> <li>• <b>Final interview and assessment</b></li> </ul> |
| <p><b>INVITATION: with satisfactory completion of internship, students will be invited to become accredited Crisis Supporters</b></p> |   |

## Accreditation

Completion of CSWT phases 1-3 results in a Statement of Attainment and achieves;

| Core Units |   |
|------------|---|
| CHCCCS003  | Increase the safety of individuals at risk of suicide |
| CHCCCS019  | Recognise and respond to crisis situations            |
| CHCCCS028  | Provide client-centred support to people in crisis    |