

## Crisis Support Workplace Training -January 2026

### Phase 1

Topic	Details	Dates/times	Platform
<b>Topic 1:</b> Foundational knowledge	The “you” in what we do	Wednesday 21 <sup>st</sup> January 2026 1800-2100	F2F Wollongong area
<b>Topic 2:</b> Micro- skills and self- awareness	Micro-skills Self- awareness Self-care and other practices	Thursday 22 <sup>nd</sup> January 1800-2100	Virtual Zoom
<b>Topic 3:</b> Micro- skills and supervision	Micro-skills Reflective practices	Thursday 29 <sup>th</sup> January 1800-2100	Virtual Zoom
<b>Topic 4:</b> Practice Framework	Workshop	Saturday 31 <sup>st</sup> January 2026 0900-1600	F2F Wollongong area
<b>Observation shifts</b>		Monday 2 <sup>nd</sup> February- 22 <sup>nd</sup> February 2026	At site
<b>Topic 5:</b> Introduction to Suicide	Workshop	Saturday 7 <sup>th</sup> February 2026 0900-1600	F2F Wollongong area
<b>Topic 6:</b> Suicide Crisis Support	Suicide Safety Self-care	Wednesday 11 <sup>th</sup> February 2026 1800-2100	F2F Wollongong area
<b>Topic 7:</b> Safety Issues	Managing interactions of other safety	Thursday 12 <sup>th</sup> February 2026 1800-2100	Virtual Zoom
<b>Topic 8:</b> Understanding differences	Diversity of Help Seekers Other	Wednesday 18 <sup>th</sup> February 2026 1800-2100	F2F Wollongong area
<b>Topic 9:</b> Putting it all together.	Managing interactions	Thursday 19 <sup>th</sup> February 2026 1800 -2100	Virtual Zoom
<b>Topic 10:</b> Practice Clinic <b>Assessments</b> (2hour timeslots)	Practice and commencement of assessment	Wednesday 25 <sup>th</sup> - Thursday 26 <sup>th</sup> February 2026	Virtual-Zoom
<b>INVITATION: with satisfactory completion of CSWT and assessments, students will be invited to commence Phase II/placement</b>			

## Phase 2- Placement

<p><b>Placement shifts</b></p> <p>To be completed over a period of 2 months (maximum) from commencement of placement. This typically commences a week-2 weeks from end of assessments.</p>	<p>Student Placement</p> <ul style="list-style-type: none"> <li>• Phone room orientation</li> <li>• 20 hours of assessed shifts</li> <li>• Supervisor report</li> </ul>
<p align="center"><b>INVITATION: with satisfactory completion of placement and assessments/interview, students will be invited to commence Phase III/Internship</b></p>	

## Phase 3- Internship

<p><b>Weekly</b></p> <p>To be completed over a period of 7-9 months (maximum) from completion of placement.</p>	<p>Ongoing Crisis Support Shifts</p> <p>Accreditation activities</p> <ul style="list-style-type: none"> <li>• Minimum logged in hours</li> <li>• individual supervision sessions</li> <li>• group supervision sessions</li> <li>• Professional development training</li> <li>• <b>Final interview and assessment</b></li> </ul>
<p align="center"><b>INVITATION: with satisfactory completion of internship, students will be invited to become accredited Crisis Supporters</b></p>	

## Accreditation

Completion of CSWT phases 1-3 results in a Statement of Attainment and achieves:

Core Units	
CHCCCS003	Increase the safety of individuals at risk of suicide
CHCCCS019	Recognise and respond to crisis situations
CHCCCS028	Provide client-centred support to people in crisis